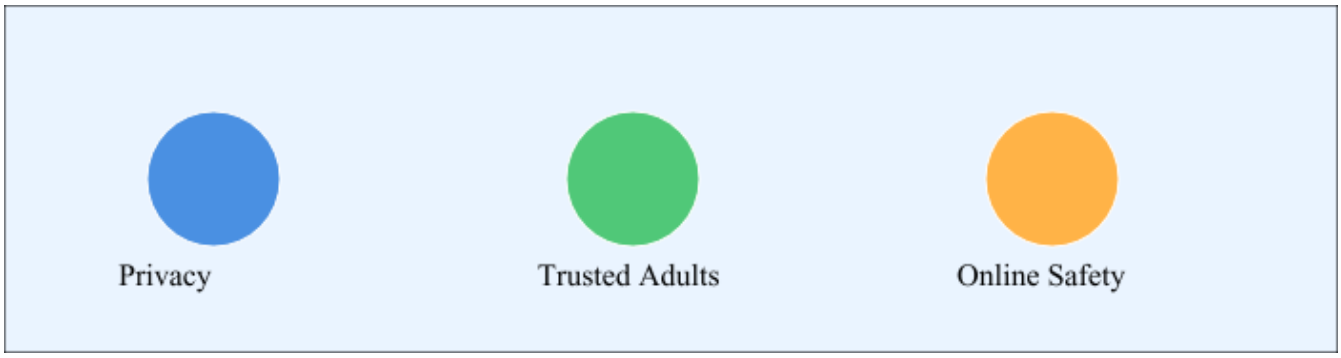
Year 5 - Safe Connections - Lessons 1-3



Lesson 1: Spotting Warning Signs Online

Pupils learned how to recognise when something online does not feel right. They explored warning signs such as feeling worried, pressured or uncomfortable, learned how privacy settings help keep information safe, and discussed the importance of kindness and respect online. Children were encouraged to stop, tell a trusted adult, block and report if needed.

Lesson 2: Sharing Safely and Getting Help

Children explored what is safe to share online and why permission matters before posting photos or videos of others. They learned about protecting personal information, keeping location settings private and identifying trusted adults who can provide help and support.

Lesson 3: Recognising Manipulation Online

Children learned how some people use flattery, bribery, threats or offers that seem too good to be true to influence others online. They practised identifying these tactics and discussed safe responses, including telling a trusted adult, blocking, reporting and using technology positively.

How Families Can Help

Talk regularly with your child about their online experiences, check privacy settings together, encourage them to ask permission before sharing photos, and remind them that they should always speak to a trusted adult if anything online makes them feel worried, pressured or unsafe.