Primary PSHE Education Long Term Overview

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Friendship and bullying NSPCC – PANTS TALK		Dental Health NSPCC – PANTS TALK		Foundations for Wellbeing NSPCC – PANTS TALK	
Year 1	Making friends: Playing and learning together	Mental health and wellbeing	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
Year 2	Mental health and wellbeing	Keeping safe online	Me, my body and staying safe	Money and work	Safety outside the home	Looking back and moving on
Year 3	Me, my friends and belonging	Mental health and wellbeing	Building healthy habits	Making choices online	Keeping safe out and about	Looking out for each other
Year 4	Mental health and wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and news literacy	Me, my body and growing up	Families and growing together
Year 5	Friendships, stereotypes and bullying	Safe connections online	Managing money and online spending	Mental health and wellbeing	Positively engaging with our world	Embedding healthy habits and learning first aid
Year 6	Mental health and wellbeing	Drug education: assessing risk and managing influences	Changes in puberty	Respecting boundaries	Developing our understanding of AI	Looking to the future